



London TDM

# Management and Leadership

**Course Venue:** United Kingdom - London

**Course Date:** From 15 February 2026 To 19 February 2026

**Course Place:** London Paddington

**Course Fees:** 6,000 USD

## Introduction

Welcome to "The Leadership Mindset: Growth, Grit and Gravitas" professional course. This intensive five-day program is designed to equip emerging and established leaders with the mindset and skills necessary to navigate complex challenges, inspire teams, and create sustainable success. Through interactive sessions, case studies, and expert insights, participants will enhance their leadership capabilities and develop a profound understanding of personal and organizational growth.

## Objectives

- Explore the fundamentals of a growth mindset and its impact on leadership.
- Develop resilience and grit to overcome challenges and setbacks.
- Enhance leadership presence and gravitas to influence and inspire others.
- Implement strategic thinking for long-term organizational success.
- Build effective communication and emotional intelligence skills.

## Course Outlines

### Day 1: Understanding Growth Mindset

- Introduction to Growth Mindset: Concepts and Benefits
- Identifying Fixed vs. Growth Mindset in Leadership
- Techniques to Cultivate a Growth Mindset
- Case Studies: Leaders with a Growth Mindset
- Interactive Session: Self-Assessment and Action Planning

### Day 2: Developing Grit and Resilience

- Understanding Grit: The Power of Perseverance
- Building Resilience: Strategies for Bouncing Back
- Overcoming Common Leadership Challenges
- Panel Discussion: Stories of Resilient Leadership
- Workshop: Real-life Scenario Practice

### Day 3: Building Gravitas and Influence

- Defining Leadership Gravitas and Its Importance
- Enhancing Personal Presence and Confidence
- Strategies to Increase Influence and Impact
- Role-Playing: Practicing Influence Tactics
- Feedback and Reflection Session

### Day 4: Strategic Thinking and Decision Making

- Introduction to Strategic Thinking in Leadership
- Decision-Making Models and Frameworks
- Balancing Short-term and Long-term Goals
- Case Analysis: Successful Strategic Decisions
- Action Plan Development for Strategic Initiatives

## **Day 5: Mastering Communication and Emotional Intelligence**

- Effective Communication Skills for Leaders
- The Role of Emotional Intelligence in Leadership
- Building Empathy and Active Listening Skills
- Interactive Activities: Enhancing Team Communication
- Course Wrap-up and Final Reflections