



London TDM

# Management and Leadership

**Course Venue:** United Arab Emirates - Dubai

**Course Date:** From 01 February 2026 To 05 February 2026

**Course Place:** Downtown Dubai

**Course Fees:** 5,000 USD

## Introduction

In today's dynamic corporate landscape, successful leadership extends beyond strategic vision and financial acumen. Effective leaders are those who lead with purpose and a high level of emotional intelligence, harnessing these skills to inspire their teams, foster collaboration, and drive impactful results. This 5-day professional course is designed to equip leaders with the insights and tools necessary to lead authentically and navigate the complex emotional currents of the workplace.

## Objectives

- Understand the core principles of leading with purpose.
- Develop emotional intelligence skills crucial for effective leadership.
- Enhance self-awareness and empathy to improve team dynamics.
- Learn strategies to manage and influence emotions within the workplace.
- Apply emotional intelligence in decision-making and organizational growth.

## Course Outlines

### Day 1: Foundations of Purpose-Driven Leadership

- Defining the purpose in leadership: why it matters.
- Aligning personal values with organizational mission.
- Exploring case studies of purpose-driven organizations.
- Identifying and articulating your leadership purpose.
- Creating a purpose-driven leadership action plan.

### Day 2: Building Emotional Self-Awareness

- Understanding the components of emotional intelligence.
- Identifying personal emotional triggers and responses.
- Self-assessment: emotional strengths and areas for growth.
- Developing a personal practice for cultivating self-awareness.
- Utilizing self-awareness to enhance leadership effectiveness.

### Day 3: Empathy and Relationship Management

- The role of empathy in effective leadership.
- Active listening and its impact on team dynamics.
- Techniques for building trust and rapport with team members.
- Strategies for resolving conflicts with empathy and understanding.
- Cultivating an inclusive and supportive work environment.

### Day 4: Emotionally Intelligent Decision Making

- The intersection of emotions and decision-making processes.
- Balancing rational thought and emotional context in decisions.
- Tools and frameworks for emotionally intelligent decision-making.
- Evaluating the impact of decisions on team morale and culture.
- Case studies: successful decisions driven by emotional intelligence.

## **Day 5: Sustaining Growth and Purposeful Leadership**

- Embedding emotional intelligence in organizational culture.
- Creating sustainable pathways for personal and team growth.
- Leading change with emotional intelligence and purpose.
- Measuring the impact of purposeful leadership initiatives.
- Developing a personal roadmap for continuous leadership growth.