



London TDM

# Project Management Training Courses

**Course Venue:** United Arab Emirates - Dubai

**Course Date:** From 01 February 2026 To 05 February 2026

**Course Place:** Downtown Dubai

**Course Fees:** 5,000 USD

## Introduction

The "Project Lifecycle and Methodologies" course is designed to equip professionals with the knowledge and skills required to effectively manage projects from inception to completion. Understanding the project lifecycle and the various methodologies available is crucial for successful project management. This course will delve into different approaches, their advantages, and their suitable application to real-world projects.

### Objectives

- Understand the stages of the project lifecycle
- Explore different project management methodologies
- Identify the advantages and limitations of each methodology
- Apply appropriate methodologies to different types of projects
- Develop practical skills in managing projects using selected methodologies

## Course Outlines

### Day 1: Introduction to Project Management

- Definition and importance of project management
- Key components of project management
- The role of a project manager
- Understanding stakeholders and their influence
- Overview of the Project Management Body of Knowledge (PMBOK)

### Day 2: Understanding Project Lifecycles

- Phases of the project lifecycle
- Initiation and planning
- Execution and monitoring
- Closing projects effectively
- Case studies of successful projects

### Day 3: Traditional Project Management Methodologies

- Waterfall methodology overview
- Critical Path Method (CPM)
- Program Evaluation and Review Technique (PERT)
- Pros and cons of traditional methodologies
- When to use traditional approaches

### Day 4: Agile and Modern Methodologies

- Introduction to Agile methodology
- Scrum and its framework
- Kanban and Lean project management
- Benefits and challenges of Agile
- Choosing the right Agile framework for your projects

## **Day 5: Hybrid and Emerging Methodologies**

- Understanding hybrid project management
- Combining traditional and Agile approaches
- Introduction to emerging methodologies (e.g., PRINCE2, SAFe)
- Adapting methodologies to suit organizational needs
- Final project workshop and assessment