London TDM

Soft Skills and Personal Development Training Courses

Course Venue: United Arab Emirates - Dubai

Course Date: From 29 March 2026 To 02 April 2026

Course Place: Downtown Dubai

Course Fees: 5,000 USD

Introduction

Building trust and credibility is essential in cultivating strong professional relationships and ensuring effective communication within an organization. This 5-day professional course is designed to provide participants with the necessary skills and techniques to establish and maintain trust and credibility in their professional interactions.

- Understand the importance of trust and credibility in a professional setting.
- Identify key behaviors and attributes that contribute to establishing trust.
- Learn strategies for communication that promote transparency and trustworthiness.
- Develop techniques to maintain credibility in challenging situations.
- Implement trust-building practices in day-to-day professional activities.

Course Outlines

Day 1: Understanding Trust and Credibility

- Define trust and credibility and their roles in professional environments.
- Explore the psychological foundations of trust.
- Identify the components of credibility.
- Discuss the impact of trust on team dynamics.
- Evaluate personal trustworthiness through self-assessment.

Day 2: Building Personal Trust

- Learn the behaviors that enhance personal trustworthiness.
- Develop active listening skills to foster trust.
- Practice empathy to connect with others.
- Understand the role of consistency in building trust.
- Create a personal action plan to develop trust-building habits.

Day 3: Enhancing Communication Skills

- Discover communication strategies that build trust.
- Recognize and overcome communication barriers.
- Practice transparency and openness in communication.
- Learn techniques for providing and receiving constructive feedback.
- Role-play scenarios to practice effective communication.

Day 4: Maintaining Credibility

- Identify factors that contribute to credibility loss.
- Develop skills to manage and repair broken trust.
- Understand the importance of accountability and integrity.
- Implement strategies to uphold credibility in a crisis.
- Evaluate case studies of effective credibility management.

Day 5: Applying Trust and Credibility in the Workplace

- Integrate trust-building practices into daily activities.
- Foster a culture of trust within a team or organization.
- Create an action plan for reinforcing trust post-training.
- Develop skills for leading by example to inspire trust.
- Complete a final assessment and reflection exercise.