



London TDM

# Soft Skills and Personal Development Training Courses

**Course Venue:** United Arab Emirates - Dubai

**Course Date:** From 18 January 2026 To 22 January 2026

**Course Place:** Downtown Dubai

**Course Fees:** 5,000 USD

## Introduction

This 5-day professional course on "Critical Thinking and Problem Solving" is designed to equip participants with essential skills to analyze situations, make informed decisions, and devise effective solutions. Through interactive sessions, practical exercises, and real-world case studies, participants will enhance their ability to think critically and solve problems efficiently in a professional setting.

## Objectives

- Develop an understanding of critical thinking and its importance in the workplace.
- Learn techniques to enhance problem-solving abilities.
- Apply critical thinking skills to real-life business challenges.
- Improve decision-making processes through analytical thinking.
- Enhance creativity and innovation in problem-solving.

## Course Outlines

### Day 1: Introduction to Critical Thinking

- Understanding the concept and value of critical thinking.
- The role of critical thinking in business success.
- Identifying personal thinking styles and biases.
- Techniques to cultivate a critical thinking mindset.
- Practical exercises to challenge assumptions.

### Day 2: Problem-Solving Frameworks

- Overview of problem-solving processes and frameworks.
- Identifying and defining problems accurately.
- Gathering and analyzing relevant information.
- Brainstorming and generating potential solutions.
- Case study: Applying frameworks to a business scenario.

### Day 3: Decision-Making Techniques

- Understanding decision-making processes and challenges.
- Exploring rational versus intuitive decision-making.
- Tools and techniques for effective decision-making.
- Overcoming common decision-making biases and pitfalls.
- Group activity: Collaborative decision-making exercise.

### Day 4: Enhancing Creativity and Innovation

- The relationship between critical thinking and creativity.
- Techniques to foster creative problem solving.
- Using creative thinking tools and techniques.
- Applying lateral thinking to business problems.
- Workshop: Innovation challenges and solution presentations.

## **Day 5: Applying Critical Thinking in Real-World Scenarios**

- Integrating critical thinking skills into daily work practices.
- Case studies: Solving complex business problems.
- Developing action plans for continuous improvement.
- Feedback and reflections on course learnings.
- Certificates distribution and course conclusion.