



London TDM

Security Management and Risk Protection Training Courses

Course Venue: United Kingdom - London

Course Date: From 01 February 2026 To 05 February 2026

Course Place: London Paddington

Course Fees: 7,500 USD

Introduction

Business Continuity and Disaster Recovery are critical components for any organization aiming to maintain operations in the face of unforeseen disruptions. This 5-day professional course provides in-depth understanding and practical strategies to ensure your business remains resilient and ready to overcome challenges presented by disasters, whether natural or man-made.

Objectives

- Understand the fundamentals of business continuity and disaster recovery.
- Identify potential risks and vulnerabilities in business operations.
- Develop comprehensive business continuity and disaster recovery plans.
- Learn how to efficiently implement and test recovery strategies.
- Enhance capabilities to lead continuity efforts during a crisis.

Course Outlines

Day 1: Introduction to Business Continuity and Disaster Recovery

- Overview of business continuity and disaster recovery concepts.
- Key terms and definitions.
- Regulatory requirements and standards.
- Business impact analysis methodology.
- Case studies of successful continuity management.

Day 2: Risk Assessment and Management

- Identifying potential risks and vulnerabilities.
- Risk assessment tools and techniques.
- Developing risk mitigation strategies.
- Cost-benefit analysis for risk management.
- Engaging stakeholders in risk management planning.

Day 3: Developing Business Continuity Plans

- Components of an effective business continuity plan.
- Setting objectives and defining scope.
- Business function priority and process documentation.
- Developing procedures for emergency response.
- Communication strategies during a crisis.

Day 4: Disaster Recovery Planning

- Technical infrastructure recovery planning.
- Data backup and restoration strategies.
- Alternative site selection and management.
- Interdependencies and supply chain considerations.
- Developing a disaster recovery policy statement.

Day 5: Testing, Maintenance, and Continuous Improvement

- Testing and exercising business continuity and disaster recovery plans.
- Lessons learned and incorporating improvements.
- Maintaining and updating plans.
- Cumulative course review and assessment.
- Certification of completion and next steps.